

I, _____ have voluntarily agreed to participate in an Energy Never Stops LLC Fitness Program. There are risks of musculoskeletal injury during exercise which may include, but are not limited to: sprains, strains, falls broken bones, unusual changes of heart rate, and rare instances of cardiac events. I hereby acknowledge and accept these risks.

By registering and participating I understand that individual accident insurance is not provided for Energy Never Stops LLC programs, and I agree to adhere to program terms and conditions. I do hereby for myself, and my heirs, executors, and administrators waive, release, and forever discharge any and all rights and claims for damages that I may have or that may hereafter accrue to me arising out of or in any way connected with my participation in Energy Never Stops LLC Program leaders or sponsoring agency(s)

I understand and agree to have available pertinent medical clearance/ history to be shared with personal trainers and instructors.

Signature _____

Date ____/____/____